



Retreat: Teach Us To Pray
Kelley Henderson, T.O.Carm. - Leader
Hallowood Retreat Center
7300 Banner Rd. Dickerson, MD
August 5-7, 2022
Schedule

Friday – August 5

- 4:00 Check-in, Retreat Center
- 5:00 Welcome, ***Talk #1 Our Legacy of Prayer***
- 5:45 Evening Prayer
- 6:00 Dinner
- 7:15 Lectio Divina Session
- 8:00 Night Prayer (grand silence after)*

Saturday – August 6

- 7:30 Morning Prayer
- 8:00 Breakfast
- 9:00 ***Talk #2 - Our Practice of Prayer***
- 9:45 Mental Prayer Session (guided)
- 10:15 Break
- 10:30 Private time for reflection/prayer
- 11:30 Mass – Fr. Emanuel Lucero
- 12:00 Lunch
- 1:00 ***Talk #3 – Our Method of Prayer***
- 1:45 Small group discussion
- 2:30 Private time for reflection/prayer
- 5:00 ***Talk #4 – Our Language of Silence***
- 5:45 Evening Prayer
- 6:00 Dinner
- 7:00 Taizé Prayer
- 7:30 Group Sharing Session
- 8:30 Night Prayer (grand silence after)*

*Silence is encouraged throughout the retreat while in the building.
Talking during meals is optional but respect those who wish to remain silent.
Grand silence from end of Night Prayer until Breakfast – “hard break from noise”

Flower of Carmel
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Sunday – August 7

7:30 Morning Prayer
8:00 Breakfast
9:00 ***Talk #5 – Our Gift of Prayer***
9:45 Check out/Break
10:00 Mental Prayer Session (silent)
11:30 Mass – Fr. Dimas Pele Alu, O.Carm
12:00 Departure or Lunch (optional, \$15 extra)

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Talking during meals is optional but respect those who wish to remain silent.
Grand silence from end of Night Prayer until Breakfast – “hard break from noise”